

OKAND Spring Convention 2025

APRIL 9-11, 2025

GRAND CASINO HOTEL & RESORT | SHAWNEE, OK

Wednesday, April 9th

1:00 pm - 5:00 pm 4.0 CPEU	Pre-Conference Session (additional fee) <i>An Introduction to Using Motivational Interviewing for Helping People Change</i> Dr. Steven P. Wells
6:00 pm - 8:00 pm	OKAND Networking Event (all are welcome)

Thursday, April 10th

7:30 am - 8:00 am	Sunrise Walk
8:00 am - 8:15 am	President's Welcome
8:15 am - 9:15 am 1.0 CPEU	General Session <i>Challenges and Considerations in Oncology Nutrition</i> Jenny Witherspoon, MS, RD, CSO, LD
9:30 am - 10:30 am 1.0 CPEU	Concurrent Session I: a) <i>Menopause: Navigating Nutrition in Midlife</i> Dr. Whitney Crowe b) <i>Employee Engagement and Retention: When Changes in Compensation are Beyond Your Span of Control</i> Lauren Bristow, MA, FACMPE
10:30 am - 10:45 am	Wellness Break
10:45 am - 11:45 am 1.0 CPEU	Concurrent Session II: a) <i>Next-Level Nutrition: Thinking Outside the Private Practice Box</i> Katy Soper, MS, RD/LD & Sheri Glazier, MS, RDN/LD b) <i>Plant Sources of Dietary Nitrate as Conditionally Essential Nutrients</i> Norman Hord, PhD, MPH, RD
12:00 pm - 1:00 pm	Vendor Fair/Lunch on your own
1:15 pm - 2:15 pm 1.0 CPEU	General Session <i>Access and Affordability: Alleviating Food Insecurity in the US</i> Clancy Cash Harrison, MS, RDN, FAND
2:30 pm - 3:30 pm 1.0 CPEU	Concurrent Session III: a) <i>Motivational Interviewing in Dietetics to Promote Behavior Change: Where Are We and Where Do We Want to Go from Here?</i> Ashlea Braun, PhD, RD b) <i>Working with Hispanic Communities</i> Diana Romano, MS, RD, LD, FAND
3:45 pm - 4:45 pm 1.0 CPEU	Concurrent Session IV: a) <i>Advanced Nutrition Counseling Through Innovative Group Supervision in Virtual Care and Beyond</i> Lisa Gibson, MS, RDN, LD, CEDS-C b) <i>Student Posters</i>
4:45 pm - 5:00 pm	Closing and Announcements
6:00 pm - 8:00 pm	OKAND Networking Event (all are welcome)

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Friday, April 11th

8:00 am - 8:15 am	Welcome and Announcements
8:15 am - 9:15 am 1.0 CPEU	General Session <i>An Emerging Paradigm for Global Health Through Agriculture and Nutrition</i> Dr. Rod Wallace & Dr. Stephen Baenziger
9:30 am - 10:30 am 1.0 CPEU	Concurrent Session I: a) <i>Transforming Healthcare: The What, Why and How of the Veteran's Administrations Whole Health Model</i> Thomas Lemke, RD b) <i>Pause Before Posting: Social Media with Professional Practice in Mind</i> Drew Hemier, MSc, RD, CDN, FAND
10:30 am - 10:45 am	Wellness Break
10:45 am - 11:45 am 1.0 CPEU	Concurrent Session II: a) <i>Using Food is Medicine to Achieve Nutrition Equity in Oklahoma</i> Marianna Wetherill, PhD, MPH, RDN, LD b) <i>Children as a Potential Key to Tactical Nutrition</i> Jill Joyce, PhD, RD & Pamela Gonzalez, MS
12:00 pm - 1:00 pm	Awards Banquet/Lunch (all are welcome)
1:15 pm - 2:15 pm 1.0 CPEU	General Session <i>Opportunities to Close the Nutrition Equity Gap: Amplifying Cultural Relevance of Dairy Foods in Tackling Health Disparities</i> Krystal Dunham, MS, RDN, LD
2:30 pm - 3:30 pm 1.0 CPEU	Concurrent Session III: a) <i>Anti-Obesity Medication Update for Dietetic and Nutrition Professionals</i> Karon Potter, PA-C, RDN, CSOWN, CDE b) <i>Facilitating a Path Forward: Training Dietetic Interns to be an Integral Part of the Interdisciplinary Team</i> Sara Tillery, MA, RDN, LD
3:45 pm - 4:45 pm 1.0 CPEU	Concurrent Session IV: a) <i>Food Allergy Prevention in Action: Empowering Dietitians with Early Feeding Strategies</i> Malina Malkani, MS, RDN, CDN b) Session info coming soon!
4:45 pm - 5:00 pm	Closing and Announcements

This schedule is subject to change.