

OKAND Spring Convention 2026

APRIL 9-10, 2026
NORMAN REGIONAL EDUCATION CENTER | NORMAN, OK

Thursday, April 9th

7:30 am - 8:00 am	Light Breakfast <i>Sponsored by the Oklahoma Pork Council</i>	Room A
8:00 am - 8:15 am	President's Welcome	Auditorium
8:15 am - 9:15 am 1.0 CPEU	Smart Tools, Wise Practice: Intro and Practical Applications for A.I. Drew Hemler MSc, RD, CDN, FAND	Auditorium
9:30 am - 10:30 am 1.0 CPEU	Nutrition Intervention for the Medically Complex Pediatric Patient Ann Priest RD/LD, CNSC <i>Sponsored by Nestle</i>	Auditorium
10:30 am - 10:45 am	Wellness Break	
10:45 am - 11:45 am 1.0 CPEU	Nutrition Priorities for Stage 2-3 CKD: Clarifying MNT for Early Kidney Disease Management Lindsey Zirker MS, RD	Auditorium
	Student Session Building Your Dream Private Practice: 5 Things I Wish I Knew Before I Started Maggy Doherty MS, RD, LD, CEDS-C	Room DE
12:00 pm - 1:00 pm 1.0 CPEU	Student Posters	Room DE
11:45 am - 1:15 pm	Vendor Fair <i>Lunch on your own</i>	South Lobby
1:15 pm - 2:15 pm 1.0 CPEU	The MAHA Movement: How Can Registered Dietitians Correct Misinformation and Collaborate to Address Concerns? Kristin A. Riggsbee Ph.D, RDN/LDN	Auditorium
2:30 pm - 3:30 pm 1.0 CPEU	Truth to Trust: Turning New Consumer Insights into Impactful Engagement Donna Moenning	Auditorium
3:45 pm - 4:45 pm 1.0 CPEU	Pork, The Underrated Protein Source Umo Callins MS, RDN, /LD, CSSD, CPT <i>Sponsored by the Oklahoma Pork Council</i>	Auditorium
4:45 pm - 5:00 pm	Closing and Announcements	Auditorium
5:30 pm	OKAND Awards Banquet	Room ABC

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Friday, April 10th

7:30 am - 8:00 am	Light Breakfast	Room A
8:00 am - 8:15 am	Welcome and Announcements	Auditorium
8:15 am - 9:15 am 1.0 CPEU	<i>Optimizing Nutrition and Protein Metabolism with GLP-1 Medications</i> Hawley Evilsizer MS, RD, LD <i>Sponsored by the Oklahoma Beef Council</i>	Auditorium
9:30 am - 10:30 am 1.0 CPEU	<i>Shaping the Future: ACEND's Commitment to Strengthening and Advancing the Health of the Dietetics Profession</i> Nancy Prange PhD, MPH, RDN, LDN	Auditorium
10:30 am - 10:45 am	Wellness Break	
10:45 am - 11:45 am 1.0 CPEU	<i>Cooking Connections: An Interdisciplinary Recipe for Nutrition Education for Children with Developmental Disabilities</i> Caiton Wilmoth MA, RD, LD Student Session <i>What to Know about Dietetic Internships</i> DI Graduate Panel	Auditorium Room DE
11:45 am - 1:15 pm	Lunch on your own	
1:15 pm - 2:15 pm 1.0 CPEU	<i>Wholesome at Every Level: Navigating Dairy Guidance</i> Krystal Dunham MS, RDN, LD <i>Sponsored by Midwest Dairy</i>	Auditorium
2:30 pm - 3:30 pm 1.0 CPEU	<i>Trauma-Informed Care (TIC) in Dietetics: How to Apply in Clinical Practice</i> Julie Ann Bernstein MPS, RDN, LD	Auditorium
3:45 pm - 4:45 pm 1.0 CPEU	<i>"I Hate My Body" – Taking A Weight Inclusive Approach with Adolescents</i> Jennifer Vittitow RDN, CEDS-C Brooke Evans RDN, LD	Auditorium
4:45 pm - 5:00 pm	Closing and Announcements	Auditorium

This schedule is subject to change.